

13th Annual
Conference on Grief and Loss

Grief and Families:
It's Complicated



Ken Doka, PhD
Wednesday, October 26, 2022
8:30am - 2:45pm
Registration opens at 8:15am

Co-provided and hosted by:

VITAS Healthcare and the
Cincinnati College of Mortuary Science
645 W. North Bend Rd., Cincinnati, Ohio 45224



Course Information

Description

The death of a family member, be it from age, illness, trauma or violence can shatter the security of the family. The death of a family member may challenge one's life's purpose. When you see a family member hurting or angry, you may not know how to help the ones you love when you're also grieving. Grief within the family system includes children, grandparents, parents, partners, siblings, spouses, and other extended family members. It may feel as if your grief is discounted or minimized in our quick fix society. Surviving may be acceptable to some but learning to work through grief should be the goal in order to rebuild your family system. Grief does change you and you have the option of staying in the grief experience or allowing yourself to be transformed by the experience.

This conference will address issues related to the impact of grief on the family system and to acknowledge the grief experiences of those you love and serve. Learning to move beyond surviving grief to working through the grief journey will be discussed. Counseling strategies and the role of support groups, both peer and professional led, as part of the transformational experience of grief will be shared.

The Annual Conference on Grief and Loss is the result of the collaborative efforts of several bereavement professionals in the Greater Cincinnati area. Our goal is to offer a one day program featuring a nationally recognized speaker to local bereavement providers in an affordable venue.

Audience

Aftercare providers, bereavement specialists, child life specialists, chaplains, clergy, counselors, educators, funeral directors, nurses, social workers, and anyone who works with the bereaved.

Objectives (tentative)

- ◆ Describe the process of grief and factors that influence the grieving process on the family system
- ◆ Discuss challenges to current understandings of grief
- ◆ Discuss and identify areas of growth for grieving families
- ◆ Describe appropriate interventive strategies that encourage post-traumatic growth
- ◆ Understand the impact of grief on the family when the death is unexpected or related to trauma or violence
- ◆ Provide at least two coping options to help families deal with grief related to the ongoing challenges of the pandemic

Presenter & Venue

Speaker

Dr. Kenneth J. Doka is a Professor Emeritus at the Graduate School of The College of New Rochelle and Senior Vice-President for Grief Programs for the Hospice Foundation of America. He is one of the authors of the text, *Dying & Death: Life & Living*. A prolific author, some of Dr. Doka's books include: *When We Die: Extraordinary Experiences at Life's End*; *Living with Grief since COVID-19*; *Intimacy and Sexuality during Illness and Loss*; *Aging America: Coping with loss, dying, and death in later life*; *The Longest Loss: Alzheimer's Disease and Dementia*; *Helping Adolescents Cope with Loss*; *Facing Illness and Death; Ethics and End-of-Life Care*; *Beyond Kübler-Ross: New Perspectives on Death, Dying, and Grief*; *Grieving beyond Gender: Understanding the Ways Men and Woman Mourn*; *Cancer and End-of-Life Care*; *Diversity and End-of-Life Care*; *Living with Grief: Children and Adolescents*; *Living with Grief: Before and After Death*; *Death, Dying and Bereavement: Major Themes in Health and Social Welfare* (a 4 Volume edited work); *Bridging the Gap between Knowledge and Practice*; *Living with Grief: Coping with Public Tragedy*; *Men Don't Cry, Women Do: Transcending Gender Stereotypes of Grief*; *Living with Grief: Loss in Later Life*; *Disenfranchised Grief: Children Mourning, Mourning Children*; *Living with Grief: When Illness is Prolonged*; *Living with Grief: Who We Are, How We Grieve*; *Living with Grief: At Work, School and Worship*; *Living with Grief: Children, Adolescents and Loss*; *Caregiving and Loss: Family Needs, Professional Responses*; *Aging and Developmental Disabilities*; and *Disenfranchised Grief: New Directions, Challenges, and Strategies for Practice*. In addition to these books, he has published over 100 articles and book chapters. Dr. Doka is editor of both *Omega: The Journal of Death and Dying* and *Journeys: A Newsletter to Help in Bereavement*. He has an ongoing blog for *Psychology Today* entitled *Good Mourning*.

Location

**Cincinnati College of Mortuary Science
645 W. North Bend Rd.
Cincinnati, Ohio 45224
(513) 761-2020
www.ccms.edu
coned@ccms.edu**

**Free private parking. CCMS campus is located in
Finneytown, OH across from St. Xavier High School.**

*Please note that room temperatures vary;
please bring a jack or sweater for your comfort.*

Program Agenda & Hours

8:15-8:30am	Registration
8:30-10:00am	Welcome and 1st Presentation-Family Systems
10:00-10:15am	Break
10:15-12:00pm	2nd Presentation-The Impact of Grief on the Family
12:00-12:45pm	Lunch (provided for in-person attendees)
12:45-1:30pm	3rd Presentation-Trauma, Violence & Grief
1:40-2:30pm	4th Presentation-Pandemic Related Grief
2:30-2:45pm	Wrap-Up and Evaluations

Program Evaluation required to receive Certificate of Completion at conclusion of program.

Disclosure:

The planners and presenters have no real or perceived conflicts of interest related to this program. There is no commercial support or sponsorship for this program.

Continuing Education Approvals

Counselors and Social Workers: 5.5 clock hours for those who attend the entire program and complete the program evaluation. This program is approved by the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board. Provider #RCS071902.

Funeral Directors: 5 CE's approved by the Ohio Board of Embalmers and Funeral Directors.

Certified Funeral Service Practitioner: 5 contact hours approved by the Academy of Professional Funeral Service Practice.

Registration Information

Registration & Deadline

We are offering two options for this year's conference, in-person or webinar. In-person seating *is limited to 100* people in order to provide social distancing. For those who prefer, you can access the program as a live webinar.

Register online:

[Click here to register for the in-person session.](#)

[Click here to register for the live webinar.](#)

Registration fee includes CEU's and lunch (for those who attend in person)

Registration confirmations will be sent to the email you provide.

- **Early Bird Registration Deadline October 15, 2022**
\$65 (*non-refundable, substitute attendee is permitted*)
- **Late Registration Fee Applies After October 15, 2022**
\$90 (*non-refundable, substitute attendee is permitted*)

Need assistance with Registration?

Ken Coggeshall
(513) 618-1927
coned@ccms.edu

Additional Information

Additional Information

Casual attire. (*Mask are not required at this time but may change if needed*) Room temperatures vary; please bring a jacket or sweater for your comfort.

Questions about the conference?

Jan Borgman, MSW, LISW-S, FT
Bereavement Specialist
Certified Celebrant
513-338-4309
cjborgman1107@gmail.com